



# SARDIS SECONDARY CAREERS DAY

April 30, 2025

### SESSIONS “AT A GLANCE”

1	2	3	4	SESSION/PRESENTER
				Keynote – Guy Felicella
1	1	X	X	Ann Davis Transition Society – Ehma Barton-Paquette
2	2	2	X	Exploring Creative Careers: Pathways in Design, Media, Arts – Avnees Sidhu
3	3	X	X	RCMP Career Presentation – Cst. Cairns, Cst. Johns
4	4	4	4	Naturopathic Medicine – Dr. Heather van der Geest
X	5	5	X	Careers in Arts, Culture & the Creative Sector – Lise Oakley
6	6	6	6	So you think you might want to be a teacher... - Kevin Sigaty
7	7	X	X	Tzeachten FC Youth Soccer – Ryan Critchley
8	8	X	X	Doula Care (Birth Support) & Reiki Energy Healing – Katrina Fortin
9	9	9	9	Becoming a Registered Dietitian – Brigitte McRae
10	10	10	10	Board Certified Behaviour Analyst (BCBA) – Stephanie Sywak
11	11	11	11	Impact & Influence: Exploring a Career In Youth Work – Karyn McMahon
12	12	12	12	Chilliwack Safe Haven’s Pawsitive Wellness – Lisa Bradshaw
13	13	13	13	Radiation Therapy Career: I Kill Cancer with Beams of Radiation – Gillian Long, Morgan Brown
14	14	14	X	Path to Healing: A Guide to Becoming a Therapist – Robyn Harold
15	15	X	X	Education in the Early Years – Monique Belanger, Jenn Carman
16	16	16	16	Pain to Purpose – How getting Cancer made me reevaluate life – Jayden Lee
X	17	X	X	Big Brothers, Big Sisters – Candace Craigen, Chrissy LaPointe
X	X	18	X	Kinesiology: Heritage Chiropractic & Sports Medicine – Kiefer McNaughton
X	X	19	X	Chiropractic: Heritage Chiropractic & Sports Medicine – Dr. Jennifer Forbes
20	20	20	20	NWO Roller Derby – Diversity of Careers – Catherine Laflamme, Catherine Rollins
21	21	X	X	Careers in Education, Mental Health/Heath Authority/Post-Secondary – Daniel To
22	22	22	22	First Responders Panel – Megan Christensen, Megan Schmidt (AM Only), Caleb Onderwater (PM Only), Dylan Janzen, Tony Fryer
23	23	23	X	Bridging Generations: Youth & Seniors in Community – Leila Reshid, Bonnie Esau
24	24	X	X	Strength & Conditioning Professionals: Trainers of the Chwk Chiefs – Kirsten Hijdra, Cheya Grant
X	25	25	25	BCEHS Career Pathway Presentation – Nina Friend, Courtney Harrison
26	26	26	26	Make the World a Better Place, Become a Childhood Educator! – Greg Wilcox, Annie Charker
X	X	27	X	PCRS, ASTRA Outreach Substance Use, Counselling for Youth – Bailey Tennant
X	28	X	X	Little Heroes Hockey Program – Ben Champagne
29	29	X	X	A Career in Human and Canine Physiotherapy – Victoria Renwick
30	30	30	30	Helping people communicate with a Speech Language Pathologist & a Speech Language Assistant – Heidi Logan SLP, Nicola McCulloch SLA
31	31	31	31	From Awkward to Empowered: A Day in the Life of a Sex Educator – Renee Gregerson

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<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>SESSION/PRESENTER</b>
32	32	32	32	<b>Lead, Advocate, Inspire: Finding Your Path in Helping Professions – Kelli Paddon</b>
X	33	X	X	<b>RCMP/GRC &amp; Indigenous Policing – Nicole Belcourt, Barb McMorrow</b>
34	34	X	X	<b>Public Service vs Private Practice: Pros &amp; Cons as a Clinical Counsellor – Jenny Sawatsky</b>
X	35	X	X	<b>What Does a Pharmacist Actually Do? – Rudy Langstaff</b>
36	36	36	36	<b>WorkBC Chilliwack – Career Exploration &amp; Services for Youth – Brenda Dehn</b>
37	X	37	X	<b>Crime Scene Investigation – Julie Bauer</b>
38	38	38	X	<b>Sardis Doorway: Support Program for Single Moms &amp; their young children – Christina Barkman</b>
X	X	39	X	<b>Funeral Industry &amp; Services – Jessica Fulkerson, Bonnie Canning</b>
40	40	40	40	<b>Pathways into Mental Health and Counselling Careers – Teresa McKenzie</b>
41	41	X	X	<b>Have a Career in Radio! – Sara Dzaman</b>
42	42	42	42	<b>Respiratory Therapy – Kennedy Prachnau</b>
X	X	X	43	<b>Travel for Wellness: How to Plan the Perfect Trip – Alyssa Becker</b>
44	44	44	44	<b>Substance Use Prevention &amp; Health Promotion Program – Kristy Jones</b>
45	X	X	X	<b>Tattooing Ruined My Life! – Stefan Helgason &amp; Jesse Land</b>
46	46	46	46	<b>Building a Career: First Steps – Jenna Loupret &amp; Jocelyn Rahnborn</b>
X	47	47	X	<b>World of Opportunity; Thinking Outside the Box – Kerry Krahn</b>
X	X	48	48	<b>Getting Started in the Film &amp; TV Industry – Manfred Braun</b>
49	49	49	49	<b>Starting Towards a Career in Law – Graham Petek</b>

## **SESSIONS LIST**

<b>KEYNOTE</b>	<p>Guy Felicella grew up in a middle-class home in British Columbia but due to trauma, undiagnosed ADHD and difficulty at home and school, he fell into addiction at a young age. Guy spent 30 years in the repeated cycle of gangs, addiction, treatment, and jail. He spent nearly twenty years residing in a two-block radius in Vancouver's notorious Downtown Eastside. Miraculously, with sheer determination and the help of others through harm reduction and recovery, Guy managed to survive the HIV/AIDS crisis in the DTES, two decades of being homeless, multiple life-threatening bone infections, and six drug overdoses. Today, Guy has escaped the grips of the turmoil that kept him suffering and currently resides with his wife and three young children with over a decade of recovery and sobriety under his belt. Guy is passionate about advocating for the vulnerable people who still suffer with addiction/mental health and is adamant about educating communities on the importance of a full spectrum of care from harm reduction to recovery and to eliminate the stigma that exists around drug addiction.</p> <p><b>Presenter: Guy Felicella - Room: GYM</b></p>
<b>SESSION 1-1, 2-1</b>	<p><b>ANN DAVIS TRANSITION SOCIETY</b> Ann Davis Transition Society is a non-profit organization that educates, prevention and support services to those affected by abuse or violence.</p> <p><b>Presenter: Ehma Barton-Paquette – Room:</b></p>
<b>SESSION 1-2, 2-2, 3-2</b>	<p><b>EXPLORING CREATIVE CAREERS: PATHWAYS IN DESIGN, MEDIA AND THE ARTS!</b> Avnees is a former teacher with a deep understanding of the education system. As a representative of LaSalle College Vancouver, Avnees visits high schools to present on careers in applied arts, including graphic design, interior design, fashion, animation and game design, helping students connect their education to real-world opportunities.</p> <p><b>Presenter: Avnees Sidhu – Room:</b></p>
<b>SESSION 1-3, 2-3</b>	<p><b>RCMP CAREER PRESENTATION</b> I am a School Liaison Officer with the Chilliwack RCMP. I will also have a police dog master attending with his dog to present about his job as well.</p> <p><b>Presenter(s) Cst. Cairns, Cst. Johns – Room:</b></p>
<b>SESSION 1-4, 2-4, 3-4, 4-4</b>	<p><b>NATUROPATHIC MEDICINE</b> I am a naturopathic physician practicing in Chilliwack and Abbotsford. I have a focus in pain and injury management. I work on treating the whole person in my practice and focus on all aspects of Health to help a patient on their health journey.</p> <p><b>Presenter: Dr. Heather van der Geest – Room:</b></p>
<b>SESSION 2-5, 3-5</b>	<p><b>CAREERS IN ARTS, CULTURE AND THE CREATIVE SECTOR</b> Lise Oakley is the Executive Director of the Chilliwack Community Arts Council and the founder of Good Creative, a small but dynamic creative agency. With a background in marketing and communications—holding a Marketing Management diploma from BCIT and a Bachelor of Arts in Communication—Lise has built a career at the intersection of arts, culture, and community development. A lifelong musician, she has spent half of her life playing music, touring across Canada, and recording four albums. As the driving force behind the Chilliwack Mural Festival, she continues to shape Chilliwack's cultural landscape, fostering creativity and connection through public art.</p> <p><b>Presenter: Lise Oakley – Room:</b></p>
<b>SESSION 1-6, 2-6, 3-6, 4-6</b>	<p><b>SO YOU THINK YOU MIGHT WANT TO BE A TEACHER...</b> Mr. Sigaty is an experienced teacher who has taught multiple subjects from grades 7 to 12 and at the university level teaching practicing teachers in graduate level courses. He is in the final stages of his PhD in education and is interested in working with students who are thinking about becoming teachers. Mr. Sigaty currently teaches Philosophy, Ancient History, and French Immersion at Sardis Secondary and is currently the department head of Social Studies.</p> <p><b>Presenter: Kevin Sigaty – Room:</b></p>

<b>SESSION</b> <b>1-7, 2-7</b>	<b>TZEACHTEN FC YOUTH SOCCER</b> I am a Technical Director of a youth soccer organization in Chilliwack called Tzeachten FC. I manage a group of coaches and volunteers who deliver training sessions and curriculums to develop young athletes in our community. <b>Presenter(s): Ryan Critchley – Room:</b>
<b>SESSION</b> <b>1-8, 2-8</b>	<b>DOULA CARE (BIRTH SUPPORT) AND REIKI ENERGY HEALING</b> Katrina is a local doula and Reiki practitioner. She's also the mom of two kids (Vedder Bears!), and a 3-legged husky named Selkie. As a doula, Katrina supports people through pregnancy, birth, and the postpartum time. The support of a doula makes a difference in how people feel about their birth experience and also improves medical outcomes: less unnecessary interventions and better overall wellness for the birthing person and the infant. A doula is not a medical caregiver, but someone who shares information, lends emotional support, and is a calming, grounded presence throughout the journey into parenthood. Katrina is also a Reiki Master, using this form of energy healing to help people find balance in their body, mind, and spirit. She teaches Reiki to those who want to learn this way of caring for themselves and their communities. When she's not working, you can often find Katrina out in the woods surrounding Cultus Lake, smelling moss and listening to the trees. <b>Presenter(s): Katrina Fortin – Room:</b>
<b>SESSION</b> <b>1-9, 2-9, 3-9, 4-9</b>	<b>BECOMING A REGISTERED DIETITIAN</b> Brigitte McRae is a Registered Dietitian and Nutrition Educator with BC Dairy, dedicated to making nutrition engaging and accessible for all. Since becoming an RD in 2010, Brigitte has focused on pediatric nutrition, helping children and families build healthy relationships with food. Passionate about continuous learning, Brigitte enjoys breaking down complex nutrition topics into engaging and practical advice that supports lifelong well-being. <b>Presenter(s): Brigitte McRae – Room:</b>
<b>SESSION</b> <b>1-10, 2-10, 3-10, 4-10</b>	<b>BOARD CERTIFIED BEHAVIOUR ANALYST (BCBA)</b> Stephanie has a Masters Degree in Science of Psychology and is a Board-Certified Behaviour Analyst (BCBA) currently working as a BCBA for the Chilliwack School District. She previously managed an Applied Behaviour Analysis (ABA) clinic and has provided community, home, and school support to individuals and their families with diverse needs. BCBA's often collaborate with other professionals and help create behavior change plans through observations, file reviews, and interviews. <b>Presenter: Stephanie Sywak – Room:</b>
<b>SESSION</b> <b>1-11, 2-11, 3-11, 4-11</b>	<b>IMPACT &amp; INFLUENCE: EXPLORING A CAREER IN YOUTH WORK</b> Are you passionate about making a difference in the lives of young people? In this session, Karyn McMahon, a Youth Worker with over 25 years of experience in non-profits, schools, universities, and community organizations, will share insights into this rewarding career. Learn about the skills, education, and opportunities available in the field, and discover how you can turn your passion for helping young people into a fulfilling career. <b>Presenter(s): Karyn McMahon – Room:</b>
<b>SESSION</b> <b>1-12, 2-12, 3-12, 4-12</b>	<b>CHILLIWACK SAFE HAVEN'S PAWSITIVE WELLNESS: THE HEALING POWER OF CATS &amp; VOLUNTEERING</b> Discover the powerful connection between giving back and personal well-being with Chilliwack Animal Safe Haven, a cats-only rescue and sanctuary. This interactive session explores how volunteering—especially with cats—enhances mental and physical health, reduces stress, and fosters a sense of purpose. Learn how the calming presence of cats, from their soothing purrs to their playful companionship, promotes mindfulness and emotional balance. As a Canadian Registered Charity, the Chilliwack Animal Safe Haven Society relies on community support and donations. We'll also discuss how volunteering can improve work-life balance and overall well-being. Please note: Cats will not be present. <b>Presenter: Lisa Bradshaw – Room:</b>

<b>SESSION</b> <b>1-13, 2-13, 3-13, 4-13</b>	<b>RADIATION THERAPY CAREER: I KILL CANCER WITH BEAMS OF RADIATION. WHAT'S YOUR SUPERPOWER?</b> A graduate of UBC with a degree in Microbiology, Gillian trained to be an RT when the school resided at BC Cancer Vancouver. During her 25-year career she has worked in Vancouver, Surrey and Abbotsford. In 2009, she took the role of Clinical Educator and now in addition to her clinical days with patients, she supervises and instructs the BCIT students when they are in clinic as well as being responsible for the continued education and training of radiation therapists at BC Cancer Abbotsford. A graduate of BCIT with a Bachelor's Degree in Radiation Therapy, Morgan studied in Vancouver and then moved to the United Kingdom where she spent 8 years working at various Radiation Therapy Centers throughout London, East Anglia, and Cambridge. She spent a good portion of that time working for Cancer Research UK, where she helped implement and run Radiation Therapy Trials in East London. Since moving back to Canada in 2018, she has been a Resource Therapist as well as a Clinical Educator since 2019 helping to educate students and staff within the Radiation Therapy Department. <b>Presenter(s): Gillian Long &amp; Morgan Brown – Room:</b>
<b>SESSION</b> <b>1-14, 2-14, 3-14</b>	<b>PATH TO HEALING: A GUIDE TO BECOMING A THERAPIST</b> Robyn Harold is the owner of Uplift & Align Counselling and with many years of experience in various support roles, her goal is helping others find their passion in the helping field. I am excited to help others find their path and develop an understanding of the human mind through helping others. My journey to becoming a therapist was driven by a deep desire to support mental well-being and provide a safe space for healing. With a focus on supporting young people, I hope to motivate the next generation of helpers through our conversation. Bring your questions and let's develop empathy, growth and understanding together. <b>Presenter: Robyn Harold – Room:</b>
<b>SESSION</b> <b>1-15, 2-15</b>	<b>EDUCATION IN THE EARLY YEARS – CHILD CARE, PRESCHOOL, &amp; ABORIGINAL HEADSTART PROGRAMS</b> Monique works as the Supervisor at À:lmèlhàwtxw Early Education Centre and holds an ECE/IT/SN diploma. In addition to her position at À:lmèlhàwtxw, she also works alongside UFV with Chilliwack's Dual Credit ECEA students. After being in the field of early education for over 20 years, she still finds joy in the curiosity and wonder of working with young children. Monique works hard to advocate for the importance of the early years sector and for the immeasurable impact educators have on a child's growth and development. Jenn Carman, Sáyémtelót, is an Early Childhood Educator with Diploma's in Infant/Toddler Care and Special Needs, graduating from UFV. Jenn is the Manager of À:lmèlhàwtxw Early Education Centre at Stó:lō Service Agency (SSA). She has been a part of SSA for 15 years and in the field of early years for a similar amount of time. Jenn also is councillor for her Community, Sq'ewá:lxw First Nation. She spends her free time beading earrings, lanyards, and other projects. Along with advocating for the early years field, Jenn sees becoming an Early Childhood Educator a career for individuals who work well with children and families. <b>Presenter(s): Monique Belanger &amp; Jenn Carman – Room:</b>
<b>SESSION</b> <b>1-16, 2-16, 3-16, 4-16</b>	<b>PAIN TO PURPOSE – HOW GETTING CANCER MADE ME REEVALUATE LIFE</b> After spending 3.5yrs at BC Children's Hospital, I decided I wanted to give back to the hospital, so I hosted to ultra marathon fundraisers, running over 100km each time, and raising over \$200,000 for BC Children's Hospital. Cancer Survivor, Ultra Runner, Realtor and Philanthropist. <b>Presenter: Jayden Lee – Room:</b>
<b>SESSION</b> <b>2-17</b>	<b>BIG BROTHERS, BIG SISTERS</b> We support and coordinate mentoring relationships that help youth thrive. <b>Presenter(s): Candace Craigen, Chrissy LaPointe – Room:</b>

<b>SESSION 3-18</b>	<b>KINESIOLOGY: HERITAGE CHIROPRACTIC &amp; SPORTS MEDICINE</b> I am a National Team Athlete as a goalie in field hockey, a retired hockey player and working at Heritage Chiropractic. I work with injuries from motor vehicle accidents, chronic pain, athletes in recovery, and in off-season training, trying to optimize the human body. <b>Presenter(s): Kiefer McNaughton – Room:</b>
<b>SESSION 3-19</b>	<b>CHIROPRACTIC: HERITAGE CHIROPRACTIC &amp; SPORTS MEDICINE</b> Dr. Jennifer Forbes has been a chiropractor for 24 years, she owns a sports medicine clinic with 4 chiropractors, 6 RMTs, 1 kinesiologist, and 1 clinical counsellor. Dr. Forbes is part of the Board of Directors for the University of Western States, contributing to the chiropractic, naturopathic, OT, and counselling programs. As well, Dr. Forbes runs a street clinic at Ruth and Naomi's, providing free chiropractic care to those suffering from poverty. <b>Presenter(s): Dr. Jennifer Forbes – Room:</b>
<b>SESSION 1-20, 2-20, 3-20, 4-20</b>	<b>NWO ROLLER DERBY – DIVERSITY OF CAREERS</b> Members of NWO Roller Derby share the various careers, hobbies, and educations of their members. They will touch on the importance of maintaining community involvement in their life. <b>Presenter: Catherine Laflamme, Catherine Rollins – Room:</b>
<b>SESSION 1-21, 2-21</b>	<b>CAREERS IN EDUCATION, MENTAL HEALTH/HEALTH AUTHORITY, POST-SECONDARY</b> I graduated with a Doctor of Education Degree in Educational Leadership in April of 2017. I am the District Principal Education Services, Specialty Programs in the Surrey School District. In this role, I am the district representative for Mental Health and Wellness Programming and serve on Interagency/Intergovernmental Committees for programs dealing with students with mental health issues. I also oversee programs for youth at risk, vulnerable youth, students with mental health issues, and Summer Learning. Additionally, I am an Instructor in the Master of Arts in Leadership Program as part of the TWU Global Department at Trinity Western University. <b>Presenter(s): Daniel To – Room:</b>
<b>SESSION 1-22, 2-22, 3-22, 4-22</b>	<b>FIRST RESPONDERS PANEL</b> <b>Megan Christensen</b> <ul style="list-style-type: none"> <li>Megan has been a Primary Care Paramedic (PCP) with BCEHS for 3 years and is currently completing her Advanced Care training. She is also a sessional instructor at the JIBC Chilliwack campus.</li> </ul> <b>Megan Schmidt – ER Nurse (AM Only)</b> <ul style="list-style-type: none"> <li>Megan is an ER nurse who assesses patients while working alongside doctors to execute treatment plans. She also closely monitors and advocates for patients if treatment plans need to be changed. Megan graduated UFV 2021. She started in a Student Nurse position and continued her education from there.</li> </ul> <b>Caleb Onderwater – ER Nurse (PM Only)</b> <ul style="list-style-type: none"> <li>I'm Caleb Onderwater, an RN at the ER here at Chilliwack Hospital. I graduated from Trinity Western University in 2022 and have been practicing nursing for nearly three years now. Working in the ER is a privilege where I help people of all ages with varying medical distresses. I'm excited to tell you more about it today!</li> </ul> <b>Dylan Janzen – Firefighter</b> <ul style="list-style-type: none"> <li>My name's Dylan Janzen. I graduated from Sardis Senior Secondary in 2017 and started my electrical apprenticeship right away to start paying for more courses. I also joined the Columbia Valley Fire Department in 2017 to their junior Firefighter program. For courses, I got my NFPA 1001 certificates, EMR, and Firefighting Technologies Certificate from the JIBC. In 2019, I got hired as a POC firefighter in Chilliwack. Then in 2020, I was hired as a full time Firefighter in Chilliwack</li> </ul> <b>Tony Fryer – Search and Rescue</b> <ul style="list-style-type: none"> <li>Tony is a long-time member of Chilliwack Search and Rescue and an Advanced Care Paramedic with BCEHS based in Chilliwack. He is also a sessional instructor at JIBC.</li> </ul>

<b>SESSION</b> <b>1-23, 2-23, 3-23</b>	<b>BRIDGING GENERATIONS: YOUTH &amp; SENIORS IN COMMUNITY</b> <p>This presentation will explore the power of intergenerational connections and how youth and seniors can support and learn from each other to create a stronger, more connected community. Through real stories and interactive discussions, we'll highlight the impact of volunteering, mentorship, and shared experiences in bridging the gap between generations. Leila coordinates the Social Prescribing Program at Chilliwack Community Services, connecting seniors with resources, volunteers, and community supports to improve their well-being. She is passionate about fostering intergenerational connections and creating meaningful opportunities for youth and seniors to engage and learn from one another. Bonnie recruits, trains, and supports volunteers who enhance the lives of seniors in the community. She is dedicated to building strong, compassionate networks where people of all ages can connect, contribute, and make a difference through volunteerism.</p> <p><b>Presenter(s): Leila Reshid, Bonnie Esau – Room:</b></p>
<b>SESSION</b> <b>1-24, 2-24</b>	<b>STRENGTH &amp; CONDITIONING PROFESSIONALS: TRAINERS OF THE CHILLIWACK CHIEFS</b> <p>At The Training Shed Chilliwack, we specialize in delivering elite strength and conditioning programs for high-performance athletes, including the Chilliwack Chiefs and many other dedicated athletes in our community. Our approach combines evidence-based training methods with personalized coaching to help athletes build strength, power, speed, and resilience. For the Chilliwack Chiefs, we focus on enhancing on-ice performance through tailored strength programs, mobility work, and injury prevention strategies. This includes sport-specific training designed to improve skating power, reaction time, and overall conditioning. Beyond the Chiefs, we work with athletes from various sports, developing customized programs that align with their individual goals — whether it's building muscle, improving endurance, or mastering sport-specific skills. Our commitment is to foster athletic growth while emphasizing proper technique, recovery, and mental preparedness to ensure long-term success.</p> <p><b>Presenter(s): Kirsten Hijdra, Cheya Grant – Room:</b></p>
<b>SESSION</b> <b>2-25, 3-25, 4-25</b>	<b>BCEHS CAREER PATHWAY PRESENTATION</b> <p>Nina and Courtney are both on our Talent Acquisition team for BCEHS. We travel throughout the province connecting with communities and helping people get into BCEHS as a Paramedic or a Call Taker.</p> <p><b>Presenter: Nina Friend, Courtney Harrison – Room:</b></p>
<b>SESSION</b> <b>1-26, 2-26, 3-26, 4-26</b>	<b>MAKE THE WORLD A BETTER PLACE, BECOME A CHILDHOOD EDUCATOR!</b> <p>My name is Greg Wilcox, and I am an Early Childhood Educator, and am passionate about community building and social justice. I work for the Early Childhood Educators of B.C. as the Outreach and Communications Coordinator.</p> <p><b>Presenter: Greg Wilcox, Annie Charker – Room:</b></p>
<b>SESSION</b> <b>3-27</b>	<b>PCRS, ASTRA OUTREACH SUBSTANCE USE, COUNSELLING FOR YOUTH</b> <p>My name is Bailey Tennant, I am an ASTRA Youth Substance Use Counsellor with PCRS. I am a person with lived experience in addiction and struggled with this addiction for about 15 years. I just recently celebrated 4 years of sobriety, thanks in part to the support I received from PCRS CAPS program in early recovery. Growing up, I faced mental health challenges, poverty, and homelessness which resulted in me getting involved with crime as a way to survive. Now, I do this work as a role model to help youth overcome barriers and find support.</p> <p><b>Presenter: Bailey Tennant – Room:</b></p>
<b>SESSION</b> <b>2-28</b>	<b>LITTLE HEROES HOCKEY PROGRAM</b> <p>I run a hockey program for kids with disabilities. Our slogan is “we only see abilities”. We try to give all kids the opportunity to play a sport they love.</p> <p><b>Presenter(s): Ben Champagne – Room:</b></p>



<b>SESSION 1-29, 2-29</b>	<b>A CAREER IN HUMAN &amp; CANINE PHYSIOTHERAPY</b> I am an entrepreneur, business owner, physiotherapist, canine physiotherapist and first responder. I own and operate both Fraser Valley Sport Physiotherapy and Pawsiotherapy in Greendale, Chilliwack and contract out of Fusion Physio. In clinic, I am privileged to help athletes of all levels, young kiddos, seniors, weekend warriors, youth like you, your parents and even your dog! In addition to my clinical work, I also get to apply my sport physiotherapy and first responder skillset covering a variety of sporting events across the valley. In my spare time, I like playing outside in our beautiful BC mountains and trails with my dog Remi and working on our new hobby farm in Greendale. <b>Presenter: Victoria Renwick – Room:</b>
<b>SESSION 1-30, 2-30, 3-30, 4-30</b>	<b>HELPING PEOPLE COMMUNICATE WITH A SPEECH LANGUAGE PATHOLOGIST &amp; A SPEECH LANGAUGE ASSISTANT</b> We work with students in School District 33 (Chilliwack) who have speech sound difficulties (a hard time saying a sound like “s” or “r”), with students who have trouble with their language (and might also have reading or learning difficulties), and with students with other communication differences. SLPs and SLAs also work in different settings, like Health Units, Child Development Centers, Hospitals, and Private Clinics. <b>Presenter(s): Heidi Logan SLP, Nicola McCulloch SLA – Room:</b>
<b>SESSION 1-31, 2-31, 3-31, 4-31</b>	<b>FROM AWKWARD TO EMPOWERED: A DAY IN THE LIFE OF A SEX EDUCATOR</b> As a sexual health educator, I professionally provide accurate, inclusive, and age-appropriate information about topics related to human sexuality. This includes areas such as reproductive health, consent, relationships, contraception, sexually transmitted infections (STIs), gender identity, and sexual orientation. Over the past 8 years I have worked in various settings, including schools, community organizations, healthcare facilities, and online platforms. My goal is to empower individuals with the knowledge and skills to make informed, healthy decisions about their bodies and relationships. I have worked with organization such as Physical and Health Education Canada, Sex Information and Education Council of Canada and the Surrey School District. I design and lead workshops, create educational materials, advocate for comprehensive sex education policies, and support individuals in understanding their sexual and reproductive health. <b>Presenter: Renee Gregerson – Room:</b>
<b>SESSION 1-32, 2-32, 3-32, 4-32</b>	<b>LEAD, ADVOCATE, INSPIRE: FINDING YOUR PATH IN HELPING PROFESSIONS</b> Explores the many ways you can turn your passion for equity, inclusion, and community change into a meaningful career. Whether you’re driven by advocacy, social justice, or simply a desire to make a difference, this session will highlight diverse pathways, share real-world experiences, and provide insight into building a career that aligns with your values. <b>Presenter: Kelli Paddon – Room:</b>
<b>SESSION 2-33</b>	<b>RCMP/GRC &amp; INDIGENOUS POLICING</b> Officer Nicole Belcourt and Officer Barb McMorrow look at working in the RCMP as a Career and their roles in helping the community of Chilliwack. Officer McMorrow explores what it looks like as an Indigenous woman who works in the RCMP. <b>Presenter(s): Nicole Belcourt, Barb McMorrow – Room:</b>
<b>SESSION 1-34, 2-34</b>	<b>PUBLIC SERVICE VS PRIVATE PRACTICE: PROS &amp; CONS AS A CLINICAL COUNSELLOR</b> Jenny Sawatzky has had a Masters in Counselling since 2002 and for the last 20 plus years, has worked as a Counsellor with Child and Youth Mental Health (CYMH) and Private Practice, College Instructor, Social Worker, and Child Protection Consultant. Currently, she is owner and Clinical Counsellor at TheraLife Center, working in her private practice with young children, youth and adults, focusing on trauma, anxiety, depression and many other life challenges. As a wife and mom, her favourite motto is "no one is perfect, we are all just doing our best and trying to do better". <b>Presenter(s): Jenny Sawatzky – Room:</b>

<b>SESSION 2-35</b>	<b>WHAT DOES A PHARMACIST ACTUALLY DO?</b> Rudy is a Pharmacy Manager / Pharmacist whose job consists of patient care, employee management, direct point of contact for group home communications, planning, directing, and overseeing the daily operations of Pro-Health Pharmacy. <b>Presenter: Rudy Langstaff – Room:</b>
<b>SESSION 1-36, 2-36, 3-36, 4-36</b>	<b>WORKBC CHILLIWACK – CAREER EXPLORATION &amp; SERVICES FOR YOUTH</b> My name is Brenda Dehn, and I am the Employer & Community Coordinator for Work BC in the Fraser Valley Northeast Region. I engage with Community Partners and Employers to market WorkBC Services and support opportunities to potential clients as well. Specific to youth, I love having the opportunity to help young adults explore what career opportunities might best suit them. I engage with students to show them the various career paths available to them or assist them on how to explore what might be right for them. <b>Presenter: Brenda Dehn – Room:</b>
<b>SESSION 1-37, 3-37</b>	<b>CRIME SCENE INVESTIGATION – Runs over 2 sessions choose Session 1 for morning or Session 3 for afternoon</b> <b>*Please note this session contains graphic and sensitive content matter*</b> Criminal Investigation and Crime Scene Assessment Simulation (max 90 students, runs for 90 minutes over two sessions) <ul style="list-style-type: none"> <li>An RCMP team from the Investigator Development Program at the Pacific Region Training Centre (PRTC) will lead students through the exploration of real criminal investigations. This session will include a mock crime scene where students will have the opportunity to participate as if they are a crime scene investigator. Please note that this session does use real 911 audio recordings, as well as other audio recordings, which contain some coarse language and involve homicide investigations.</li> </ul> <b>Presenter(s): Julie Bauer, Melanie Ramnarine, Francois Lewis, Kyle Rose – Room: Theatre</b>
<b>SESSION 1-38, 2-38, 3-38</b>	<b>SARDIS DOORWAY: SUPPORT PROGRAM FOR SINGLE MOMS AND THEIR YOUNG CHILDREN</b> Christina is the Mothers' Program Coordinator at Sardis Doorway. She runs three weekly support groups for women who are parenting alone, women who have experienced abuse in relationships, and young moms under age 21. Christina has spent 7 years doing peace and development work in the Philippines, was a high school teacher in Abbotsford, and is currently also a part-time TTOC in Chilliwack. <b>Presenter: Christina Barkman – Room:</b>
<b>SESSION 3-39</b>	<b>FUNERAL INDUSTRY &amp; SERVICES</b> Bonnie is the first female manager at Henderson's Funeral Home, she has six employees, and we service 800 families a year in the community and surrounding. Jessica is the assistant manager and there is an office manager as well as two apprentices in their first and second years. <b>Presenter(s): Jessica Fulkerson &amp; Bonnie Canning – Room:</b>
<b>SESSION 1-40, 2-40, 3-40, 4-40</b>	<b>PATHWAYS INTO MENTAL HEALTH AND COUNSELLING CAREERS</b> We will be delivering an interactive presentation about careers in counselling and social work in a private practice setting, as well as the intern will present about their experience with the Chilliwack Youth Health Centre. <b>Presenter(s): Teresa McKenzie – Room:</b>

<b>SESSION</b> <b>1-41, 2-41</b>	<b>HAVE A CAREER IN RADIO!</b> I am currently the Sales Manager at 89.5 JR Country, a division of Pattison Media, covering Radio and Digital Sales with a variety of products from radio advertising to website design, to social media management, to billboard advertising! I have almost 10 years experience in Marketing / Sales, the last almost 4 years with Pattison Media. <b>Presenter: Sara Dzaman – Room:</b>
<b>SESSION</b> <b>1-42, 2-42, 3-42, 4-42</b>	<b>RESPIRATORY THERAPY</b> Hi! My name is Kennedy and I'm a Sardis 2021 grad. I just completed my first year of respiratory therapy at TRU in Kamloops, and I am in the dual credential stream to get my BHSc. As a respiratory therapist I can work in diagnostics, clinics, critical care, education, sleep clinics, home/community care and more! My job is to help people manage lung/breathing disorders, alleviate symptoms, and contribute to my patients' overall well-being. I work alongside other healthcare professionals in a team setting to help create a plan to support each patient and provide information on lung disorders to my patient, their family, and the community. <b>Presenter: Kennedy Prachnau – Room:</b>
<b>SESSION</b> <b>4-43</b>	<b>TRAVEL FOR WELLNESS: HOW TO PLAN THE PERFECT TRIP!</b> I am a teacher and explorer. I have been on 162 airplanes, road tripped across 30,000 km, and been on 60+ travel adventures, 12 of which were leading students. By day I teach here at Sardis, and by night I am busy planning the next travel adventure. I love to help friends, family and students learn to love travel and see the world through different eyes. <b>Presenter: Alyssa Becker – Room:</b>
<b>SESSION</b> <b>1-44, 2-44, 3-44, 4-44</b>	<b>SUBSTANCE USE PREVENTION &amp; HEALTH PROMOTION PROGRAM</b> Kristy has been working in the Substance Use Prevention & Health promotion program with Pacific Community Resource Society for almost 18 years. She has a background in Child and Youth care and is a certified yoga instructor as well as a certified archery instructor. Kristy has spent her career connecting with youth from elementary to high school in various school districts. She has helped to provide youth with opportunities to explore and develop their skills, build positive peer relationships and educate them on substance use and harm reduction. <b>Presenter: Kristy Jones – Room:</b>
<b>SESSION</b> <b>1-45</b>	<b>TATTOOING RUINED MY LIFE!</b> I'm a former construction worker who turned tattooer. I spend my days listening to clients talk about their lives while drawing cool pictures on them. It's a balance of knowing what will look good and what the client's idea is and communicating it with them. <b>Presenter(s): Stefan Helgason &amp; Jesse Land – Room:</b>
<b>SESSION</b> <b>1-46, 2-46, 3-46, 4-46</b>	<b>BUILDING A CAREER: FIRST STEPS</b> Jenna Loupret - A recent graduate of the University of British Columbia with a Bachelor of Arts and Honours in Anthropology and a minor in Archaeology. Currently, a short-term teacher on call for the Chilliwack school district. Will be attending Law school at the University of British Columbia Peter A. Allard School of Law in September 2025. Jocelyn Rahnborn - A recent graduate from The University of the Fraser Valley with a Bachelor of Science with a Concentration in Ecology and Biology of Organisms. Currently working as a Short-term Teacher on Call for the Chilliwack School District and an Ecologist for the Fraser Valley Invasive Species Society. <b>Presenter(s): Jenna Loupret &amp; Jocelyn Rahnborn – Room:</b>
<b>SESSION</b> <b>2-47, 3-47</b>	<b>WORLD OF OPPORTUNITY: THINKING OUTSIDE THE BOX</b> I am a serial entrepreneur who has built and sold multiple businesses and has a passion for seeing opportunity outside traditional channels. I have ADHD and have found ways to use it to my advantage. School was very difficult as I didn't fit the mold or learn well under the traditional system kids were taught. This allowed me to think about opportunity and the future from an angle not typically taught. I've been able to make my living through the pursuit of my passions and love to talk to others about doing the same. <b>Presenter: Kerry Krahn – Room:</b>

<b>SESSION</b> <b>3-48, 3-48</b>	<b>GETTING STARTED IN THE FILM &amp; TV INDUSTRY</b> <p>I am currently a teacher at Sardis Secondary. One of the courses I teach is Film &amp; TV. My time in the Film &amp; TV industry started in high school. I was able to experience the industry from both behind the scenes and in front of the camera. This impacted me to become a technician of working behind the scenes of different productions. Today, I am fortunate to teach these passions students. They learn to work behind the scenes in different Film &amp; TV, Theatre, and Live Event productions.</p> <p><b>Presenter(s): Manfred Braun – Room:</b></p>
<b>SESSION</b> <b>1-49, 2-49, 3-49, 4-49</b>	<b>STARTING TOWARDS A CAREER IN LAW</b> <p>Graham grew up in Chilliwack and attended Chilliwack Senior before obtaining a Bachelor of Arts in History and Political Science at UFV. He finished law school at Dalhousie University in May 2023, after which he returned to BC to article at RDM Lawyers in Abbotsford. I am now at the end of articling and am scheduled to be called to the bar as a lawyer in mid-May. Graham lives in Vancouver and when not working, he loves exploring the city's restaurants and surrounding nature with his girlfriend.</p> <p><b>Presenter: Graham Petek – Room:</b></p>