



# Sardis Secondary School Newsletter



Chilliwack  
School District

February 26, 2018

## GRAD DINNER AND AUCTION - MARCH 7, 2018

Grade 12 students are asked to bring in business and community donations in the form of products or gift certificates prior to the event. 50% of the value of the auctioned donation will go directly into the student's grad account to go towards reducing graduation ticket costs (prom, dry grad and grad cruise). The remainder of the funds raised go toward reducing graduation event costs and supporting student scholarships for our Grad Legacy Fund. Students should use the [Donation Letter](http://sss.sd33.bc.ca/grad-auction) found on our website at <http://sss.sd33.bc.ca/grad-auction> or at the office to bring to businesses.

Tickets for the dinner are on sale at the office and online for \$15. Right now, if you pay for a table of 8 you will get RESERVED seating, a \$15 discount and entry into a special draw. So, tell your friends, relatives and neighbours about the Grad Dinner Auction. Tickets are limited to 200.

## SIGN UP FOR SSSinfo AND GET UPDATES TEXTED TO YOUR PHONE

Now you can get updates and announcements texted to your phone by joining SSS info. Click on the following link for the instructions at [SSSInfo](#)



### SARDIS SECONDARY GRADS OF 2018 present GRAD DINNER & AUCTION

**Date:** Wednesday, March 7th, 2018

**Time:** 6pm, doors open at 5pm.

**Cost:** Tickets \$15.

**Location:** 45460 Stevenson Rd. Chilliwack

**BUY TICKETS ONLINE - Buy a table of 8 tickets and save \$15 and be entered into a special draw and have reserved seating.**

Italian themed buffet dinner.

All items up for Auction can be viewed at [www.sardissecondary.ca](http://www.sardissecondary.ca) and will be updated regularly.

\*Ticket must be presented for dinner\*



## Calendar Items

### February

- 26—2 Strongman Competition in the gym
- 27 External Scholarships Due
- 28 Evening of Jazz at 7pm

### March

- 1 Grade 8 and 9 Parent Night at 6:30pm
- 2 Alumni Strongman Competition 7pm
- 7 Grad Dinner and Auction at 5pm
- 15 Parent Teacher Interviews 6pm in the gym
- 16 Early Dismissal at 12:34pm—busses on a regular schedule
- 16 Last day of classes before Spring Break

### April

- 3 School re-opens after Spring Break and Easter
- 9 PAC Meeting at 7pm
- 13 End of Term 3



## 20TH ANNUAL STRONGMAN COMPETITION—ESTABLISHED 1999

This year marks the **20<sup>th</sup> Annual Strongman Competition**. The event was the brainchild of the late Sardis Phys. Ed. Teacher, *Bob Fitzsimmons* and was established in 1999.

The week-long student event runs from Monday, Feb.26 to Friday, March 2<sup>nd</sup>. This event includes sled pull, sandbag shuttle, tire flip, sled push and farmer's carry. Parents, relatives, friends and neighbors are encouraged to attend this 'second to none' school spirit- building event.

The **4<sup>th</sup> Annual Strongman Alumni** event is also gearing up to be another fun evening! Over 35 Sardis grads have signed up in support of this fundraising event. Spectators and competitors are encouraged to leave a donation at the door towards the Bob Fitzsimmons Memorial Fund. Two awards are given out each year to deserving students who exemplify hard physical work, good academic standing and perseverance. See Page 4 and 5 for the brochure for this event on **Friday, March 2 at 7pm**.

This year's student competitors are as follows:

**Heavyweight:** David Brodie, Kai Hutchison, Will Wright, Joe Wendt

**Middleweight:** Carl Biela, Jared Pitkethly, Colton Dirks, Tommy Janzen, Greg Luesink, Christian Hood, Mathieu Caron, Micah Causton, Sean McCracken, Simon Hoeppner, Brendan Heppell

**Lightweight:** Mathias Loewen, Fabrizio Chow, Owen Wright, Sam Moller, Kaiden Tether, Max Comb, Jeff Dekker, Jeff Nam, Logan MacDonald, Mike Fitzsimmons, Magnus Wolff, Logan Huband, Spencer Woyke, Martin Woodrow

**Flyweight:** Travis Roopsingh, Riley Tieu, Lucas Arnold, Braedon Crooks, Liam Van Tassel, Tyrell Goulet, Cole Braun, Austin Atkins, Dante Campbell, Konrad Roche, Steven Shuhany

**Womens Lightweight:** Xiao Carson, Katerra Warner, Stephanie Struys, Sydney Brandesma, Camryn Jackson-Gola, Audrey McKnight, Anne Biela, Grace Owens

**Womens Middleweight:** Hunter Rodgers, Shianna Chestney, Katelynn Elliott, Gaia Ferrazza, Chloe Berge, Olivia Nicol, Sadie Sandve, Anya Flueckiger, Bailee Jacques

## CANADIAN CULTURE MOVIE AFTERNOON

**MARCH 8 is Canadian Culture Movie Afternoon** for International students and TAG 82 featuring **Men with Brooms!** Come to C123 (Mrs. Klassen's room) for a comedy about the very Canadian sport of curling on Thursday March 8, 2018 from 3-5 pm. Snacks provided!



## SPOKEN WORD CLUB

Sardis Secondary's Spoken Word poetry club has been meeting since the fall, its members busy crafting poetry designed for a live performance known as a "poetry slam." For the fourth year in a row, Sardis will be sending a team of poets to *Hullabaloo*, a high school poetry slam held at Vancouver Public Library as part of *Verses Festival of Words*, an annual poetry festival that takes place every April. Sixteen school teams featuring over 80 youth from all over B.C. converge during *Hullabaloo* to participate in workshops, connect with other writers, and perform their original poems. To select Sardis' Slam Poetry team, the Spoken Word poetry club is hosting a qualifying poetry slam in the McAstocker Theater at the beginning of March. Approximately twelve student poets from Grades 10-12 will compete in front of an audience composed of Sardis Secondary English classes.

## OUTSTANDING TEACHER AWARD

**ABBOTSFORD, BC** – BC Agriculture in the Classroom Foundation (BCAITC) is pleased to announce Tania Toth as the recipient of the 2017 BCAITC Outstanding Teacher Award. The award was presented to Ms. Toth for demonstrating outstanding leadership and innovation in agriculture education.

A science teacher at Sardis Secondary, Ms. Toth and her colleagues have transformed a piece of ALR property owned by the Chilliwack School District into a working school farm where students from the high school can learn firsthand about growing food. Ms. Toth saw this as an opportunity to build practical applications into studies in science, Sustainable Resources 11, and teach hands-on agriculture practices.



At the Sardis Secondary School Farm, students learn to grow a variety of vegetables sustainably. They learn water conservation, integrated pest manage-

ment practices, as well as the marketing of their vegetables back into the school's Culinary Arts program and into the local community through their Community Supported Agriculture (CSA) box program. More recently they have added the mentorship program where secondary school students teach elementary students to grow their own food. Under the guidance of Ms. Toth the Sardis Secondary School Farm continues to flourish and become not only a multi-faceted learning experience for students, but also a valuable addition to the community.

"Tania's hard work as an agriculture teacher has fostered a love for growing food in hundreds of students in Chilliwack." Said BCAITC President, Joe Massie. "Her commitment to excellence and willingness to go above and beyond the call of duty is truly inspirational to everyone around her."

The award was presented to Ms. Toth at this year's Agri-Food Industry Gala by BCAITC's Executive Director, Pat Tonn. Congratulations Tania Toth!

### Contact Information:

Emma Sweeney, Communications Coordinator BC Agriculture in the Classroom Foundation Office: 604-556-3094

E-mail: [Emma.Sweeney@gov.bc.ca](mailto:Emma.Sweeney@gov.bc.ca)



### Evening of Jazz—Wednesday, Feb. 28 7pm

The Music Department is organizing an "Evening of Jazz" in the Pit area. Both of our Jazz Ensembles will be performing, as well a couple of students will perform solos. Bob Tarr, a professional musician and teacher will be featured with his combo. There will be goodies as well as draws to help support student scholarships.

### "Jazz 33" - Tuesday, April 24 7pm

All the schools in District 33 that have Jazz Programs are invited to participate, showing our community the variety and extent of our Jazz culture here in Chilliwack. There will be door prizes and draws at this Event.



## SARDIS STRONGMAN ALUMNI EVENT ON FRIDAY, MARCH 2 AT 7PM (continued Page 5)

### Special Thanks

#### Sponsors

Jonny Singh  
Beyond Nutrition

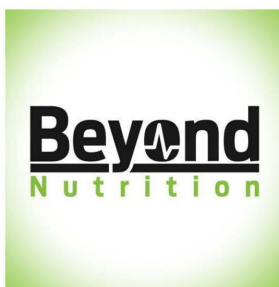
Sandy Andreasen  
Decor West Interiors

Kyle Murphy  
Murph's Gym

Drew Lamerante

**MURPH'S  
GYM**

CHILLIWACK, B.C.



### Sardis Strongman Alumni 2018

The 4th Annual Sardis Strongman  
Alumni Competition



Sponsored by the Sardis  
Secondary Phys. Ed. Department

## NEW EMERGENCY MEDICAL RESPONDER PROGRAM

The current Health Services 12 course is changing for next year, and will move to a full certification in Emergency Medical Response. This was formally approved as a Board Authorized course at the school board meeting on Feb 13th.

The Emergency Medical Responder certification is a qualification necessary for Paramedics, recommended for Firefighters, and helpful for anyone looking to enter a Medical Profession. Application for admission in the EMR program for next school year must be submitted by the end of March either on paper or online (<http://bit.ly/2ndFWzq>).

Students who are successful in the Health Services 12 program (offered in one block during the regular timetable) in partnership with the Justice Institute of BC would receive:

- 8 High School Credits: Health Services 12A (in-class), Health Services 12B (online)
- Justice Institute Emergency Medical Responder (EMR) Certification
- Red Cross SFA and CPR-HCP Certification (or re-certification if already done)
- Post-Secondary Credits with the Justice Institute

The course will be programmed for semester 2, starting in January 2019. Some classes will be held at the Justice Institute campus in Chilliwack, and more information can be found on the school website: <http://sardissecondary.ca/health-services-12a12b>

The current Health Services 11 course will continue as it has been. This year there are four full classes running, and will serve as a good introduction for the new EMR program.

Please contact Joel Sutcliffe if you have any questions at [joel\\_sutcliffe@sd33.bc.ca](mailto:joel_sutcliffe@sd33.bc.ca)

## SARDIS STRONGMAN ALUMNI EVENT ON FRIDAY, MARCH 2 AT 7PM (continued)

### Men's Competitors

#### Men's Heavy: (200+)

Craig Burt  
Derrick Huizenga  
Kristian Loewen  
Cohen Bogart  
Koltan MacDonald  
Marshall Anderson  
Brad Fitzsimmons  
Damon McArthur  
Jared Galmut  
Koen Duinevald

#### Men's Middle: (180-200)

Kyle Trydal-McQuaig  
Landon Plantenga  
Thomas Heuser  
Logan Clegg  
Micah Hooge  
Norm Balez  
Jacob Wilson

#### Men's Light: (<180)

Sam Fletcher  
Connor McCracken  
Eddie Fitzgerald  
Phil Retief  
Johnathan Gebbnick  
Jacob Maud  
Christian Van Wyk

### Men's Sled Push Order

Will be determined by reverse seeding based on the placement in the Sandbag Shuttle event.

### Women's Competitors

#### Women's Middle:

Jordan Hryciw  
Jenn Gordon  
Megan Parasiliti  
Kirsten Parasiliti  
Taryn Hornsby  
Robyn Kempers  
Kenzie Reuter

#### Women's Light: (<150)

Kara Serruys  
Mackenzie Hildebrand  
Taylor McArthur  
Michaela England  
Caitlin Geary  
Sydney Lyons

### Women's Sled Push Order

Also determined by reverse seeding based on performance of Sandbag Shuttle.



Donations to the BOB FITZSIMMONS MEMORIAL FUND are appreciated and will be accepted at the door from spectators and competitors. Two scholarships are given out each year to deserving students who value good academic standing, hard physical work, and challenges of personal fitness and strength.



## BE THE CHANGE COMMITTEE

The Be the Change Committee's Operation Fairy Godmother has new donations of grad wear for 2018. Please contact Ms. Irani at [Parween.Irani@sd33.bc.ca](mailto:Parween.Irani@sd33.bc.ca) to book an appointment to peruse our selection of gowns, suits, and accessories. We are always grateful for new donations, which can be dropped off at the front office or in room B120.

The Be the Change Committee is hosting Child and Youth Mental Health Awareness Week this May 7th to 11th and the team is requesting student art and poetry that challenges the stigma around child and youth mental health. These pieces will be part of our display. Creative works can be dropped off in room B120.